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ON REFUGEES

'There is no lineup when you're fleeing a fire. The only requirement is to get out alive'

Vicky Mochama, metroLIFE

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Your essential daily news | WEDNESDAY, FEBRUARY 22, 2017

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The Jets' Shawn Matthias gets pushed off the puck by the Leafs' Roman Polak in the first period in Toronto Tuesday.

CHRIS YOUNG/THE CANADIAN PRESS

Bus driver's death 'is not going to be in vain'

TRANSIT TRAGEDY

Mourners remember slain worker, call for action



Braeden Jones
Metro | Winnipeg

Mourners gathered at a downtown Winnipeg church Tuesday afternoon to pay their respects to transit bus driver Irvine Jubal Fraser, who was killed while on the job last week.

They remembered a loyal friend, talkative jokester, golfer with a signature swing, avid card player, and proud Toronto Maple Leafs fan. Fraser was "always smiling," they recalled. He had strong opinions about a good many things, like preferring Alexander Keith's beer above all others, calling it "the best thing out of Nova Scotia," except, as he'd say, for his wife, Wanda McPhee.

But as much as personal anecdotes of his life elicited equal parts laughter and tears, the service also included



A bus takes part in the funeral for Irvine Fraser, below, Tuesday.

THE CANADIAN PRESS HANDOUT; FACEBOOK

damning criticism of the powers-that-be, who Fraser's family believe could have prevented the assault that led to his death.

"He didn't have to go that way. It was tragic, and it was unwarranted, and it was unnecessary," said Dean Byard, who eulogized Fraser before apologizing to McPhee and continuing. "You politicians out there, you've got a job to do.... Your actions are way too late."

"Mr. Mayor (Brian Bowman), Mr. Premier (Brian Pallister), (federal Public Safety Minister) Ralph Goodale ... the time to do something for action

is now because my brother's death is not going to be in vain."

His call to action echoes that of Fraser's co-workers, "brothers and sisters" of the Amalgamated Transit Union (ATU) who rallied outside city hall Friday.

Not only are transit employees in Winnipeg ramping up their efforts to improve safety conditions following Fraser's death, but ATU members from across Canada — representatives from Vancouver, Edmonton, Ottawa, Toronto and other major cities, many of whom flew into Winnipeg for the rally and funeral — say it galvanizes their advocacy.

"We've been pushing governments all over the country for stronger protection from assaults on transit workers.... It just seems to be falling on deaf ears," said ATU 113 Toronto representative Phil Horgan. "I don't know if it takes a tragedy like this to change things, but if that's true that's pretty sad in itself, that it comes to this."

"Assaults (against transit workers) happen every day.... I just can't say enough how much we need something to change."

More on p. 4

NAILBITER

Leafs take down Jets in overtime **metroSPORTS**

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Bowman fends off critics of inquiry

POLICE HEADQUARTERS

Mayor insists councillors had chance to weigh in



Stephanie Taylor
Metro | Winnipeg

Contrary to what his critics have said, Mayor Brian Bowman remains adamant that he has given every councillor a chance to weigh in on his request for a provincial public inquiry into allegations of fraud over the police headquarters deal.

On Tuesday, Bowman responded to backlash from two councillors who do not sit on his executive policy committee and were not invited to a closed-door meeting about the mayor's request last week.

Councillors Russ Wyatt (Transcona) and Janice Lukes (St. Norbert) — both vocal opponents of Bowman's leadership — tried unsuccessfully to get the mayor to host a seminar before council votes on the inquiry motion Wednesday.



Mayor Brian Bowman speaks to reporters at Winnipeg City Hall. METRO FILE

Bowman argued the motion was crafted without the input of city staff, the very people councillors requested a briefing from. Because an inquiry

would examine the conduct of the administration, Bowman believed his request warrants independence from city staffers. That's why he says he sought

independent legal advice from Robert Sokalski, a practicing litigator with firm Hill Sokalski Walsh Olson LLP.

Since meeting privately with

his inner circle, as well as councillors Jenny Gerbasi and Matt Allard — the deputy mayor and acting deputy mayor, respectively — to discuss the motion,



No one really has a chance to speak to it.

Janice Lukes

Bowman said he has reached out to the remaining seven councillors to get their feedback.

Those councillors "complaining" about his process have refused to speak with him about it, Bowman added.

He said the council members who opted to give their feedback raised questions about the cost of a potential inquiry and how the process could unfold.

Lukes confirmed Bowman contacted her later last week, but believes the seriousness of a public inquiry requires councillors to have more information.

"Here's the deal: I've had no meetings, no conversations, no discussions with anyone, and I'm going to be voting on something that has the potential to cost taxpayers millions of dollars, if the province goes ahead with it," she said.

"No one really has a chance to speak to it."



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Pete Scouras, chef at the Red Top Drive Inn Restaurant, died in a swimming accident Monday.

FACEBOOK

'Everybody loved Petey'

IN MEMORIAM

Red Top chef dies in swimming accident



Jessica Botelho-Urbanski
For Metro | Winnipeg

A brother, son, chef and pillar of the Winnipeg rugby community died in a tragic swimming accident on Monday.

Pete Scouras, 33, drowned at Jaco Beach in Costa Rica, his siblings confirmed Tuesday.

Scouras, who friends affectionately nicknamed "The Mayor," was abroad playing and coaching in a rugby tournament. He was the president of the University of Manitoba Wombats Rugby Club.

"Everybody loved Petey," said his sister Elena. "Everybody knew him and loved him. He was so generous, affectionate, loving."

"He was fun (and) had a heart of gold. He was my little brother."

Scouras was also the chef at Red Top Drive Inn Restaurant, a popular St. Vital diner since its inception in 1960. His parents, Vicki and John, owned the restaurant, and Pete's dream was to keep it running in the family



Pete Scouras with his niece Chloe. COURTESY DEMETRIS SCOURAS

name, his brother Demetris said.

The Red Top was featured on The Food Network's You Gotta Eat Here! TV series in 2012. The episode shows Scouras and host John Catucci trading quips while Scouras makes the restaurant's signature six-patty burger.

Another of Scouras' accomplishments was winning the Vanier Cup with his University of Manitoba Bisons football team.

Scouras' family has felt an outpouring of love and support since Monday, with friends and family calling and posting on social media about how much Pete meant to them, his brother said.

"It's amazing how deep a bond he had with the community," Demetris said. "He just had this way with people."

Demetris said his young

FUNERAL

The family is planning a funeral for next week at the St. Demetrios Greek Orthodox Church (2255 Grant Ave.). The date and time have yet to be decided.

daughter and sons are still trying to comprehend the loss of their favourite uncle.

"My daughter's like, 'Who's going to give us the lollipops now? If Uncle Pete isn't at the restaurant, who's going to give me lollipops?'" he said.

"He had this infectious personality and there were so many good memories."

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Students say thank you with coffee



Bus drivers march after gathering to support each other at a rally for Irvine Fraser. THE CANADIAN PRESS

TRANSIT TRAGEDY

High schoolers express their gratitude to bus drivers

Braeden Jones
Metro | Winnipeg

A number of Winnipeg high school students dismayed by the fatal assault of a transit operator are going out of their way to offer their gratitude to the men and women driving the city's buses.

Following bus driver Irvine Fraser's death last week, Sisler High School students decided to do some fundraising to purchase 50 Tim Horton's gift cards, each in the amount of \$2.

"We put each one in a little 'thank you' note and we're going to be getting students (who ride the bus) to hand them out to bus drivers Tuesday, Wednesday and Thursday this week," said student Ira Malsi. She explained that "a lot of students" rely on the bus system, not only at Sisler but across the city.

"So many use it to get around, to and from school, so we wanted to do something

for drivers," she said. "It's just something small to recognize what a difficult time this is for them and thank them for all their hard work."

The student's gesture follows a fundraising campaign initiated on behalf of Fraser's wife, Wanda McPhee, which brought in \$31,176 in seven days.

Funds from that GoFundMe campaign will go to McPhee and Fraser's family.

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If you have a newer home, you may have a heat recovery ventilator (HRV). These devices are designed to control your home's ventilation and humidity in a cost-effective way. They remove humid, stale air from inside your home while pulling in cold, fresh air from outdoors. A heat exchanger warms up the incoming air using heat from the outgoing air.

To get the full benefit from your HRV system, the device must be operated properly. Here are some things to keep in mind.

Read the maintenance manual

Check the control settings and maintenance procedures recommended by the manufacturer for maximum efficiency. Note whether your unit also has a dehumidistat switch.

Don't set the unit to run continuously

If your HRV is bringing in too much fresh air, your home can become too dry. This can make the air uncomfortable in both winter and summer. You will also be making your air conditioner or heating system work harder than it needs to, which will increase your energy costs.

Don't shut the unit off for long periods

Shutting off or unplugging your HRV permanently is not a good way to save energy. This can result in high humidity which could lead to problems with condensation, mildew, and mould.

Set the controls for the right humidity level

To achieve the right balance of humidity, the dehumidistat should be set just low enough to prevent condensation on the windows. Any lower will make your house drier than it needs to be. Any higher will create the potential for excess moisture problems. You may need to adjust your control settings throughout the year as the temperature outside and inside change to maintain your required humidity levels.

Consider an advanced HRV control

Keeping your HRV running at the optimum level is easier with an advanced HRV control. Its sensors will automatically turn the device on and off to keep your home at the right moisture level and reduce your energy bill by matching your ventilation needs with your lifestyle.

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Demand for clarity on safety measures

Stephanie Taylor
Metro | Winnipeg

Coun. Marty Morantz wants a clearer picture of the safety measures currently in place for Winnipeg's transit system.

As chairperson of the Infrastructure Renewal and Public Works Committee, Morantz says at the next meeting he will ask the department to produce an information report outlining all the training, protocols and initiatives that deal with safety on buses.

His request comes in the wake of the slaying of Irvine Jubal Fraser.

A 22-year-old man is facing a second-degree murder charge in his death.

"You're a transit driver, when you go to work you shouldn't be in fear of your life or your personal security," Morantz said in an interview Tuesday.

"This is a terrible tragedy. I think all of us want to move forward."

Since police released the news of Fraser's murder, John Callahan, president of the Amalgamated Transit Union Local 1505, along with numerous bus drivers, has renewed calls to bring in new measures to better protect staff.

The union has called for dedicated transit police,

shields to protect operators, and drivers to be relieved of fare collection.

Morantz said he met with Callahan who agreed that having a clearer look at what's already in place is a good start.

"I want something all in one document where we can see exactly where we stand as a baseline."

Next, Morantz says the city could look at how other transit systems approach safety and what new technologies might be available.

The next meeting of the Public Works Committee is Feb. 28.

Both Mayor Brian Bowman and Dave Wardrop, chief transportation and utilities officer, publicly committed to doing more to make buses safer. WITH FILES FROM THE CANADIAN PRESS



A donation box for the Fraser family. THE CANADIAN PRESS

POLICE

Man pronounced dead after alleged assault

A charge of manslaughter has been laid in the death of a northern Manitoba man.

RCMP in Thompson say officers found the man unresponsive after responding to a report of an assault in an apartment complex in the city early Monday morning.

The 24-year-old alleged victim was later

pronounced dead at the local hospital.

Brittany Amber Robinson, 26, was arrested and scheduled for a court appearance on Tuesday in Thompson.

Police believe the man was known to the suspect but they have not released his name.

Both are residents of Oxford House, Man.

THE CANADIAN PRESS

Province, feds must work together on refugee issue

STRATEGY

Premier wants co-ordinated response to asylum seekers

The federal and provincial governments need to co-ordinate their approach to the growing number of asylum-seekers crossing the border because all signs from the United States suggest the issue is not going away, says Manitoba's premier.

"With the United States approach, and the United States new administration's approach on issues related to refugees — and to immigration generally — there are conditions that would lead, I think, most people to conclude this will be an ongoing challenge," Brian Pallister said Tuesday.

"We have a letter going out with specific issues that we would like to see the federal government co-operatively address, and I have a call lined up later this week with other premiers to discuss the issue and co-ordinate our approaches in respect of where we go from here."

Pallister's office later clarified that his calls with other premiers will be one-by-one and not a conference call.

The number of people fleeing the United States, largely from African countries originally, has jumped in recent weeks, following planned crackdowns on immigration in the U.S.

The refugees have been crossing fields and ditches near border communities such as Emerson-Franklin, Man. and



Fadel Alshawwa, Manitoba Interfaith Immigration Council, brings blankets into a community hall for refugees that may walk across the border in Emerson, Man. Premier Brian Pallister believes the influx will only continue in the months ahead. THE CANADIAN PRESS

Hemmingford, Que.

The tactic is a way to get around the Canada-U.S. Safe Third Country Agreement, which requires anyone who has already applied for refugee status in the U.S. to be turned away at an official border crossing in Canada.

If a person crosses somewhere else and gets apprehended on Canadian soil, they can apply as a refugee and the case is heard by Canadian authorities.

Some immigration lawyers and politicians want Canada to

change the agreement so that people can turn themselves in at official border crossings and still get their refugee claim heard.

The reeve of Emerson-Franklin, Greg Janzen, said Tuesday the idea would increase safety for his community's residents and for the refugees, who have been making long crossings

on foot in the dead of winter.

"I would like to see something changed and get some order to this chaos that's going on," Janzen said.

"Let them walk up to the port of entry. Will that bring more people? Yes. But at least it will be in an organized manner."

Pallister was non-committal

on the issue.

He said there are arguments for and against changing the Canada-U.S. Safe Third Country Agreement.

Pallister also would not specify what he is seeking from the federal government. He said he is putting those details in a letter to Prime Minister Justin Trudeau.

"I think we have to have the dialogue (first) and we should endeavour to do that co-operatively with the federal government."

THE CANADIAN PRESS

“There are conditions that would lead, I think, most people to conclude this will be an ongoing challenge. Premier Brian Pallister

TINA FONTAINE CASE

Man to await trial in jail

The man charged in the death of 15-year-old Tina Fontaine is going directly to trial.

The lawyer for Raymond Cormier, who is charged with second-degree murder, says the next step is to set a trial date. A preliminary hearing had been scheduled, but Manitoba Justice confirmed it has signed a direct indictment.

Tina's body was found wrapped in a garbage bag in the Red River in Winnipeg in August 2014.

The teen had only been in Winnipeg a couple of weeks after leaving her great-aunt's home on the Sagkeeng First Nation, 70 kilometres northeast of Winnipeg.

Her death spurred calls for an inquiry into murdered and missing indigenous women.

"My client is very disappointed that the Crown took away his right to a preliminary hearing and chose to go straight to trial. My client feels his rights to a fair defence have been trampled," Cormier's lawyer, Tony Kavanagh, said in an email to CTV News.

According to Manitoba Justice policy, a preliminary hearing should be held and direct indictment should only be considered when "exceptional circumstances exist that outweigh the benefits of holding a preliminary inquiry."

Tina was in the care of Child and Family Services, but police said she was an exploited youth in the Manitoba capital. Police have said she met Cormier at a residence they both frequented.

Court documents allege Tina was killed around Aug. 10, 2014 — 10 days after she was first reported missing from foster care. Police picked her up two days before it's believed she was killed, but did not take her into custody.

Tina's family has said she was found a few hours later, and taken to hospital. She was picked up by social workers, but ran away again shortly before she was killed. THE CANADIAN PRESS



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Canada's Melissa Tancredi, left, and Rafaelle of Brazil challenge for the ball during the women's Olympic Bronze Medal match in Sao Paulo in 2016. Canada has made the podium at the last two Olympics and are one of the highest ranked teams in the world. ALEXANDRE SCHNEIDER/GETTY IMAGES

Canadian soccer back in Winnipeg

SPORT

Our successful women's team will face Costa Rica in friendly



Braeden Jones
Metro | Winnipeg

The beautiful game will return to Winnipeg this June when the Canadian Women's National team hosts Costa Rica's best for a friendly match on Investor's Group Field.

The women's national team last suited up in Winnipeg during the FIFA Women's World Cup in 2015, and had previously hosted their American rivals in 2014 in front of 28,255 fans — at the time it was the second highest attendance for an elite international women's match played in Canada.

At Tuesday's announcement of team Canada's return to Winnipeg, local product Desiree

Scott, one of the national team's star midfielders, said she's excited to play in front of her home crowd. According to Mayor Brian Bowman, Winnipeggers — or at least, his kids — share that excitement.

"Women's soccer has come so far in my lifetime — my kids were jealous that they weren't going to be able to meet Desiree here today," he said. "When I was their age I played soccer, but I couldn't say that I knew of any identifiable soccer stars, let alone a hometown medal-winner female athlete."

The June 8 game in Winnipeg precedes a June 11 match-up in Toronto. In a prepared statement, Head Coach John Herdman said playing in front of Canadian fans is special, so the team is "thrilled to be coming home for another June two-match series."

He explained the team is

going to be coming off away games against strong opponents in Sweden and Germany, so they're "confident the team will be in good shape to produce a winning performance."

Winning has become part of the team's identity, as they're coming off back-to-back podium finishes at the London 2012 and Rio 2016 Olympics.

With that pedigree motivating them, the women are working towards a new

goal of becoming the top nation in FIFA rankings, a quest that will culminate at the 2019 Women's World Cup and the 2020 Olympic games.

Individual tickets to see Canada versus Costa Rica will go on sale on International Women's Day, March 8, via Ticketmaster.ca. Information on other group packages and tickets can be found at CanadaSoccer.com/tickets.

Women's soccer has come so far in my lifetime.

Mayor Brian Bowman

HOCKEY

Jets steamed by NHL's decision to suspend Trouba but not Malkin

Blake Wheeler was still puzzled Tuesday morning by the NHL's disciplinary process.

The Winnipeg Jets captain understood why the league dealt teammate Jacob Trouba a two-game suspension for his hit to the head of Senators winger Mark Stone, but he couldn't fathom how Evgeni Malkin escaped punishment for a similar (if still different) check to the head a few days earlier. "I

think we feel internally like they got half of it right," Wheeler said before a meeting with the Maple Leafs.

Wheeler had just tried to clear a puck in the Jets zone last Thursday against the Penguins when Malkin hit him high and hard. The Pittsburgh centre received a minor interference penalty and drew no further discipline. That irked the Winnipeg winger, especially in light of the suspen-

sion to Trouba. Wheeler didn't buy the argument that Malkin delivered his hit through the body whereas Trouba connected principally with the head.

"Malkin's a pretty good hockey player," Wheeler said. "I think he knows who has the puck and when they have the puck. I never had the puck, never even saw him coming; all I felt was my head snap back."

THE CANADIAN PRESS

FOR THE JETS-LEAFS GAME, SEE METROSPORTS

Winnipeg Polycystic Kidney Disease (PKD) Patient Forum

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February 28th, 2017

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- Hear about what resources and support systems are available to you and your loved ones from **Jeff Robertson, Executive Director, PKD Foundation of Canada;**
- Have your questions answered during a Q&A period led by Dr. Navdeep Tangri and Jeff Robertson; and
- Meet other people living with PKD in your community.

All are welcome to attend!

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metro NEWS Canada

Wednesday, February 22, 2017 7

Hundreds of Yazidis bound for Canada

IMMIGRATION

Initiative to bring in refugees expected to cost \$28 million

The Trudeau government is poised to announce today that Canada has given safe haven to almost 400 Yazidi refugees and other survivors of Islamist extremists in the last four months and will take in about 800 more by the end of the year.

The initiative is expected to cost \$28 million, according to details obtained by The Canadian Press.

In addition to 1,200 government-assisted refugees, the government says it also intends to facilitate private sponsorships of Yazidi refugees.

The announcement comes four months after the House of Commons unanimously supported a Conservative motion that called on the government to provide asylum to an unspecified number of Yazidi women and girls.

The motion recognized that Daesh is committing genocide against the Yazidi people and holding many of the religious group's women and girls as sex slaves.

Although the motion referred only to providing asylum to Yazidi women and girls, the 1,200 refugees will include male family members.

Although the motion referred



Yazidi refugees celebrate news of the liberation of their homeland of Sinjar from Daesh, while at a refugee camp on Nov. 13, 2015, in Rojava, Syria. GETTY IMAGES

strictly to the Yazidi people, the government is not confining its efforts solely to members of that religious group, who live primarily in northern Iraq.

Immigration Minister Ahmed Hussen says Canada has long offered protection to refugees based on "vulnerability, not religion or ethnicity" and will thus focus on "highly vulnerable" survivors of Daesh. Still, he says a "significant majority" of the 1,200 will be Yazidi due to the "high level of violence" they've suffered.

Roughly three quarters of the 400 refugees that have come into Canada so far are Yazidi, said officials.

The Yazidi people are "an integral part" of Iraq's society and it's important to preserve that, Hussen argued, adding that's why the government is focusing on "a small number of people for whom resettlement is the best option."

Moreover, Hussen said the government is taking lessons from Germany — which resettled just more than 1,000 Daesh

survivors from northern Iraq over the course of a year — on how to work safely in a volatile environment to identify and run security checks on refugees and how best to ensure that the necessary settlement services are in place once they arrive in Canada.

"As many have experienced unimaginable trauma, both physical and emotional, many will have unique psychological and social needs such as trauma counselling," Hussen said.

THE CANADIAN PRESS

INTELLIGENCE

Former double agent facing deportation

Hussein Ali Sumaida says Canada is the only safe haven for him even if he spends the rest of his life here without legal status.

A former double agent for the Israeli intelligence service and Iraqi dictator Saddam Hussein's regime, the now 52-year-old Hamilton, Ont. man said his life would be in danger if he was sent anywhere in the Middle East.

Canadian officials have been trying to remove Sumaida ever since he arrived in Toronto in 1990 for asylum and was deemed inadmissible to the country a year later for his "espionage" activities that they said made him complicit

in crimes against humanity.

In fact, Ottawa did deport him once to Tunisia — the birthplace of his Iraqi diplomat father, where he himself had never been — in 2005, but Sumaida assumed a false identity, "Brandon Timothy Casey," and returned on an emergency passport.

After living a low-profile life over the last decade, raising a family with a job in construction, Sumaida said he recently got a letter in the mail informing him that a pre-removal risk assessment had been initiated to determine if it's safe for him to be deported to Tunisia again. TORSTAR NEWS SERVICE

STUDY

Too many police officers 'suffering unnecessarily'



David P. Ball
Metro | Vancouver

Police departments across Canada would be wise to better serve and protect their members, if a landmark survey of Vancouver's police officers is any indication.

According to the study, commissioned by the Vancouver Police Union, one in every three police officers displays enough symptoms to have post-traumatic stress disorder (PTSD).

The survey is the most comprehensive ever done on mental health in Canadian police forces. But even the union's

president said the numbers caught him off guard.

"I knew there were issues with cynicism, depression and fatigue," Tom Stamatakis told Metro. "But I was surprised to see their extent."

"Even though, from our survey, police officers generally like their jobs and trying to help people in the community, they are also exposed to some pretty horrific incidents during the performance of their duties."

"A 70 per cent response rate is unbelievable, there's no data like this anywhere," said one of the authors, psychologist Lisa Kitt. "People are suffering unnecessarily."

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AUSTRALIA

Pilot yelled 'mayday' before crash into mall

A pilot repeatedly yelled out "mayday" but did not say what the emergency was before his light plane crashed into the roof of an Australian shopping mall, killing himself and four tourists, an investigator said Wednesday.

"My understanding is he didn't refer to the specific nature of the emergency," a safety official said. AP

LIBYA

Bodies of refugees wash up on coast

At least 74 bodies of African refugees have washed ashore in western Libya, the Libyan Red Crescent said Tuesday, the latest tragedy at sea along a perilous but increasingly popular trafficking route to Europe.

The bodies were found near the western Libyan city of Zawiya on Monday, Red Crescent said spokesman Mohammed al-Misrati, adding that he feared more might surface. He said a torn rubber boat, the

kind that usually carry up to 120 people, was found nearby. The Red Crescent's branch in Zawiya said there are bodies still floating out at sea but it has no means to retrieve them.

The International Organization of Migration said the traffickers took the engine and left the boat to drift. Another 12 refugees remain missing and are "presumed drowned," and a sole survivor was transferred to a hospital in a coma,

the UN migration agency said on Twitter.

The Red Crescent posted photographs of dozens of bodies in white and black bags, lined up along the shore. Al-Misrati said the bodies would be taken to a cemetery for unidentified people in the capital, Tripoli. The Red Crescent appealed for help on Facebook, saying there are no vehicles to transport the bodies.

THE ASSOCIATED PRESS



Officials in the Trump administration say the team is moving into drafting health-care and tax overhauls. THE ASSOCIATED PRESS

Month Two: Legislation

POLITICS

Trump team trying to move beyond controversies

As President Donald Trump begins his second month in office, his team is trying to move past the crush of controversies that overtook his first month and make progress on health care and tax overhauls long sought by Republicans.

Both issues thrust Trump, a real estate executive who has never held elected office, into the unfamiliar world of legislating. The president has thus far relied exclusively on executive powers to muscle through policy priorities and has offered few details about what he'll require in any final legislative packages, like how the proposals should be paid for.

The White House also sent conflicting signals about whether the president will send Congress his own legislative blueprints or let lawmakers drive

the process.

White House chief of staff Reince Priebus said he expects a health-care plan to emerge in "the first few days of March." Pressed on whether the plan would be coming from the White House, Priebus said, "We don't work in a vacuum."

On Sunday, White House advisers held a three-hour meeting on health care at Trump's South Florida club, their third lengthy discussion on the topic in four days. Gary Cohn, the former Goldman Sachs banker now serving as Trump's top economic adviser, and newly sworn-in Treasury Secretary Steve Mnuchin have been leading talks with Republican lawmakers and business leaders on taxes. Neither man has prior government experience.

Republicans long blamed Democrats for blocking efforts to overhaul the nation's tax code and make changes to the 2010 health care law. But with the GOP now in control of both the White House and Congress, making good on those promises rests with the president and his party. THE ASSOCIATED PRESS

POLITICAL DIGEST

Millions targeted for deportation
Millions living in the U.S. illegally could be targeted for deportation under a rewrite of immigration enforcement policies announced Tuesday.

Any immigrant who is in the country illegally and is charged or convicted of any offence will now be a priority, according to Homeland Security. AP

Canada will not abandon Mexico: Freeland
Canada has reassured Mexico that updating NAFTA will be a three-way conversation involving all three member countries. Foreign Minister Chrystia Freeland's remarks Tuesday appear to clarify speculation that Canada will abandon Mexico and pursue bilateral talks with President Donald Trump. AP



Tourism to Paris is showing signs of revival after a yearlong slump attributed to deadly extremist attacks, violent labor protests, strikes and floods. GETTY IMAGES

Tourists returning to Paris after slump

Tourism to Paris is showing signs of a revival after a year-long slump attributed to deadly extremist attacks, violent labour protests, strikes and floods.

The biggest drop came in demand for Paris hotels from Chinese, Japanese, Russian and Italian tourists, according to 2016 figures released Tuesday by the Paris regional tourism committee.

The Louvre Museum, Musée d'Orsay and Disneyland Paris

saw visits drop between 9 and 13 per cent last year and over all tourism-related revenue in the region fell more than 1 billion euros, or about 6 per cent, according to the committee.

Many potential Paris visitors were scared off by November 2015 attacks on cafés, a rock concert and the national stadium that killed 130 people.

However by the end of 2016, hotel reservations started rising again, the report said. THE ASSOCIATED PRESS

EATING OUT

McDonald's puts all-day breakfast on its menu
Want to grab some pancakes for lunch? Now you can at McDonald's. The fast-food restaurant launched its all-day breakfast menu Tuesday at 1,100 restaurants across the

country.

The social media reaction was nothing short of elation as people posted selfies with hash browns and Egg McMuffins. "Truly an egg-celent idea!" posted Rosalyn Gambhir to Twitter. METRO

Tim Hortons owner buying Popeyes chain

RESTAURANTS

Firm offers \$1.8 billion US for fried chicken outlets

The parent company of Tim Hortons and Burger King is making a move to add fried chicken to its repertoire with an offer to buy Popeyes in a friendly deal.

Restaurant Brands International said Tuesday it will pay \$1.8 billion US for the Louisiana-style fried chicken

chain. That translates to \$79 US per share in Popeyes Louisiana Kitchen Inc., which trades on the Nasdaq market.

"We're really excited we're adding another iconic and successful brand, one that has really rich Louisiana heritage that's going to resonate with guests all around the world," RBI CEO Daniel Schwartz said in an interview.

The deal doesn't come as a surprise to analysts, said Will Slabaugh, managing director at Arkansas-based Stephens Inc.

"I think it was always hinted at that there might be more

+ CANADA BASED

Restaurant Brands International has its headquarters in Oakville, Ont., west of Toronto, with more than 20,000 restaurants in more than 100 countries and U.S. territories.

brands in the future," he said, referencing RBI's successful 2014 acquisition of Tim Hortons that led analysts to believe RBI could have a strong platform to roll in other quick-service restaurants.

However, there aren't many chains that fit RBI's criteria for acquisition. Slabaugh said the company is likely looking for chains that are attractive to consumers around the world — not just Americans.

Schwartz said RBI plans to accelerate Popeyes' growth in the U.S. and beyond. The company currently has more than 2,600 restaurants, mostly in America, with 621 international locations.

"There is no reason that this brand can't be multiple times its size in many, many years from now," said Schwartz. THE CANADIAN PRESS



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Wednesday, February 22, 2017

PAUL WELLS ON TRUDEAU'S PITCH TO EUROPE



The PM didn't come before his German hosts as the guy who's found the solution.

The St. Matthew's Day Banquet in Hamburg has been a big date on the German city's social calendar for more than six centuries. Everyone who's anyone in Hamburg attends. Under the gilded roof of the historic town hall's palatial banquet room, keynote speakers — each year, a German dignitary and a foreign guest — discuss the great matters of the day before hundreds of revelers.

Perhaps Justin Trudeau's staff didn't notice before he spoke at this year's banquet that the keynote slot has lately become quite thoroughly jinxed. The non-German speaker in 2016 was David Cameron, then the prime minister of Britain. Four months later he lost the Brexit referendum and resigned. In 2015 the guest keynote was delivered by Polish president Bronisław Komorowski. Three months later he lost his country's presidential election.

In 2014 Danish PM Helle Thorning-Schmidt — famous to space-challenged headline writers the world over as "Obama selfie friend" after she posed for a photo with the former U.S. president at Nelson Mandela's funeral — addressed the Hamburg dinner. She lost her next election and retired from politics. In 2013 the cursed Hamburg keynote slot was occupied by Jean-Marc Ayrault, who lasted for 13 more months as France's prime minister before losing that job.

Apparently Trudeau is hoping to buck the trend.

It's a very specific trend, if we look more closely. Cameron was trying to stem a rising tide of populism at home by urging the European Union to reform itself. He failed, essentially, and saw his career washed away by a tide of populist nationalism in the Brexit referendum.

Komorowski was the standard-bearer for a moderate pro-European business conservative party that found itself losing, first in Poland's



The guy in the tux on the plight of workers The PM gave the keynote address at a lavish Hamburg banquet, where he hinted at a populist shift in economic policy, writes Paul Wells. THE CANADIAN PRESS

presidential vote and then in parliamentary elections, to Law and Justice, a social-conservative movement that plays on fear of Poland's neighbours, leftover resentment against Communism, and suspicion of newcomers.

Thorning-Schmidt's social democrats lost to a centre-right party, mostly thanks to a surge in support for the further-right Danish People's Party, whose leader has since said he finds Donald Trump refreshing.

Ayrault's departure was less dramatic. French prime ministers are appointed by presidents, and Ayrault took the fall when it became clear that François Hollande's presidency was going nowhere fast. But Ayrault is another symbol of the incapacity of traditional managerial brokerage parties to deliver the change voters crave.

Marine Le Pen is almost certain to win more votes in May's French presidential election than the candidate of Ayrault's Socialist party.

So the last four consecutive Hamburg keynotes came a cropper, not from random bad luck, but because the fury of the disaffected made political busi-

ness-as-usual impossible.

A cautionary tale. Four for the price of one, in fact.

Now along comes Trudeau. Appropriately enough, the tone of his remarks to the Hamburg swells was uncharacteristically dark. "Citizens across the political spectrum are looking for guidance. They're looking for leadership. They're looking for a voice," he said.

"And so far, they're feeling a little let down."

When "companies post record profits on the backs of workers consistently refused full-time work," he said, "people get defeated." When "governments serve special interests instead of the citizens interests who elected them, people lose faith."

Inequality has made citizens distrust governments and employers, "and we're watching that anxiety transform into anger on an almost daily basis."

That's got to change, Trudeau said, perhaps noticing the Hamburg Rathaus floor is littered with trapdoors.

"It's time to get real about the challenges facing the middle class," he said, and "Old approaches don't work anymore," and "We can't go about things the same way

and expect to succeed in this new world."

Much of the rest of his speech was corporate-responsibility stuff — companies should pay a living wage, provide generous maternity leave, and so on. As for his own business — governing Canada — he offered no hint about what might be next, only applause for his enhanced child benefit and his recent at-least-I'm-not-in-Davos speaking tour.

But I don't take the PM to have been basking in complacency. He didn't come before his German hosts as the guy who's found the solution. He cast himself, with them, as one who needs to find it.

"We can no longer brush aside the concerns of our workers and our citizens. We have to address the root cause of their worries, and get real about how the changing economy is impacting peoples' lives."

I take Trudeau's Hamburg speech as a preview of a strongly populist shift in economic policy, beginning with next month's federal budget.

Paul Wells is a Toronto Star national affairs columnist.

VICKY MOCHAMA



There is no line-up for refugees; everyone is fleeing the same fire

Speaking to CBC radio, Conservative MP and public safety critic Tony Clement was asked if migrants crossing from the U.S. over land pose a security risk.

He answered "we don't know yet" and went on to say that the migrants should follow the standard refugee claim procedures that "many, many people — tens of thousands do every year."

"We've got a queue jumping situation here as well where we are diverting resources to deal with these claims rather than the claims of people who are going through the legal process," he told CBC.

No, Tony. There is no "queue jumping situation" because there is no queue.

Simply put: There is no line-up when you're fleeing a fire. The only requirement is to get out alive.

On one point he is right. Many, many people do claim refugee status each year. And that's about it. (According to Citizenship and Immigration Canada, in 2015 over 16,000 people claimed refugee status at immigration offices.)

As for the rest he is worryingly wrong.

"Refugee claimants are not in a queue. They're in a completely separate process by which people are asserting their rights under the Refugee Convention," Janet Dench, executive director of the Canadian Council of Refugees, told Metro.

Canada became a signatory to the landmark document in 1969. It doesn't spell out that refugees don't wait in a line. But it doesn't need to, because,

it should be obvious that running away isn't orderly.

Clement abruptly ended the call with CBC when pressed on what solutions he had and went onto Twitter to complain about being asked questions by the press. Sounds familiar.

The notion of a "queue" is dangerous rhetoric. Not only does it belie the facts of international refugee law that Canada is party to, it also speaks to a willingness to delegitimize the lives of people who have already faced incredible dangers.

This dangerous rhetoric isn't unique to Canada. Such words have become actions in Australia, where many refugees are kept on a veritable prison island called the Manus Processing Centre. It is a multi-billion dollar facility dedicated almost solely to keep refugees from exercising their rights to freedom of movement by manufacturing a "queue."

Language like Clement's is also not new, says Dench: "We have seen in the past the setting up of a dichotomy between good refugees and bad refugees."

Those who claim that refugees are jumping the line are ignoring the law. As the world faces a global migrant crisis that includes 21.3 million refugees, the truth about the law must be told. Canadians signed up 48 years ago to join the rest of the world in providing for and protecting refugees. With the Syrian refugee program, we reaffirmed that commitment to human rights.

We can't now insist that there's a line up for their unalienable rights.

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FOOD

Kitchen crisis as bad harvest sends global prices surging



May Warren
Metro | Toronto

Hold the dressing — that bottle of Italian olive oil might have to last a while.

A bad harvest has sent the price of the Mediterranean staple surging and, closer to home, some local retailers and restaurants are already on edge.

Bad weather and pests have driven the wholesale cost of Italian olive oil up 64 per cent over the same period last year, which translates into a 15-20 per cent shelf price increase in that country.

Carmine Raviele, who owns Little Italy's Il Gatto Nero restaurant in Toronto with his son, said he hasn't had to hike prices yet, but the increase is on his mind.

"We've noticed it and it does make a difference," he said.

"Eventually, you'll have to pass it on to the customer."

The Italian price increases are chalked up to early rains that knocked some buds off olive trees and the threat of the olive fly, which forced many farmers into an early harvest.

Raviele said he's seen a jump in price of Italian olive oil from suppliers of around 20 per cent starting about three weeks ago.

"You can buy cheap oil from other places in the world but then people are used to a cer-



Italy's olive oil wells run dry

Italy's plantations of olive trees have been affected by adverse and unseasonal weather conditions as well as attack from the olive fly. GETTY IMAGES FILE

tain product; they can tell the difference," he added.

Andreas Voulgaris of Olive Oil Emporium, which ships across Canada, said it's been a tough season, and expects they may not end up getting any Italian olive oil that meets their standards for quality this year.

"There's not much out there," he said. "It's very, very challenging and there's not much you can do."

But his business has lots of other options, including olive oil from Spain, Greece, Chile and Peru.

Out of the world's 314 best olive oils awarded at the New York International Olive Oil Competition last year, 109 were from Italy — more than any other country, despite a poor 2014/15 harvest.

Italian olive oil is particularly vulnerable to extreme weather and pests because of

the different environments that olives grow in, from Northern hills to Southern groves.

But that's also how Italian olive oil gets so many different flavours.

Olive oil harvests, like wine, can vary over the years depending on what Mother Nature has in store, Voulgaris added.

"That's the beauty of a live, fresh product," he added.

OIL-TERNATIVES: TRY THESE INSTEAD

- **Spain** is the largest olive oil producer in the world.
- **Greek** extra virgin olive oil is used by other countries to enhance their blends.
- **Avocado** oil has a high smoke point and can be used for searing, frying, roasting and as a dressing.
- **Grapeseed** oil is usually more affordable than avocado oil and is a good source of vitamin E.
- **Canola** oil, which is produced in Canada, is high in the anti-inflammatory omega-3 fatty acid called alpha-linolenic acid. METRO

MISLABELLED PRODUCE

Why food fraud is 'the big elephant' in Canada's dining room

A new study suggests more than half of Canadians, especially those with health conditions, are worried the foods they're buying are not what labels claim — and preventing falling victim to such scams can be difficult, experts say.

In an online survey conducted by researchers at Dalhousie University, 63 per cent of respondents said they were concerned about the widespread practice known as food fraud. Notably, worries about counterfeited food products coming from Canada were even greater in those study participants with food intolerances.

That's likely because the fallout for someone with allergies eating a mislabelled product can

be severe, says lead researcher Sylvain Charlebois.

He calls food fraud "the big elephant in the room."

"People are aware of the problem. They just don't know how to deal with it," Charlebois said.

Ingredient lists are lifelines for people with food allergies, says Beatrice Povolo, the director of advocacy and media relations for Food Allergy Canada, a non-profit organization advocating on behalf of people with food allergies.

"They count on that to be accurate and truthful and complete in order for them to make a decision of whether that would be a suitable product or not," she said, adding deliberate ingredient substitutions are not



Seafood is vulnerable to food fraud, researchers say. ISTOCK

on the organization's radar at the moment.

Olive oil is the perfect example of a product that frequently contains unlisted ingredients, accord-

ing to Larry Olmsted, author of Real Food Fake Food. Sometimes it'll be watered down with peanut or soy oil, he says, and both are allergens.

The Canadian Food Inspection Agency receives an average of 40 complaints annually from consumers about potential food misrepresentation, spokeswoman Lisa Murphy wrote in an email, and it investigates each case.

The CFIA has studied the scope of the issue and determined concerns include short-weighting products, substituting ingredients, and making false and misleading claims about products.

It also has several programs to monitor certain types of food for fraudulent products, such as olive oil. Between 2006 and 2007, more than 45 per cent of tested samples did not meet the country's criteria for the product, according to a 2013 presentation by CFIA before a European

Commission workshop on olive oil authentication. By 2012 to 2013, that number dropped to more than 30 per cent.

Food fraud is a financially motivated practice, Charlebois said, and is often done to increase the price an item will sell for or lower the cost of making it. Seafood is the most vulnerable food group, he noted, because it's difficult to track where those products came from and hard to distinguish between fish species visually once it's a fillet on a store shelf.

That can be problematic for people allergic to certain shellfish who, for example, may order a dish like lobster-filled ravioli that's really composed of a mixture of cheaper shellfish like shrimp. THE CANADIAN PRESS

RECIPE

Get rolling with a vitamin C injection

Cara Cara navels oranges, which are distinct because of their red interior flesh, have 20 percent more vitamin C and nearly 30 percent more vitamin A than regular navel oranges.

Paired with some similarly zesty papaya and fresh avocado in these fun and easy-to-assemble sushi rolls, the Cara Cara navel makes for a palate-tingling addition.

Orange & Avocado Sushi Roll

Makes six pieces

Ingredients:

- 1/8 Cara Cara navel orange, segmented
- 1 sheet of rice paper
- 1 sheet of nori paper
- 1/4 of a green papaya, julienned
- 8 medium size coriander leaves
- 3 medium size mint leaves

- 1/4 avocado, peeled, pitted and sliced
- A pinch of Maldon sea salt

Directions:

1. Submerge the rice paper roll in warm water for 2 seconds, then remove and place on kitchen counter top.

2. Allow the rice paper to dry for 2 minutes, then place the nori sheet on top of the roll.

3. Place the green papaya on top of rice paper, then layer all remaining of the ingredients on top of the green papaya.

4. Roll tightly and allow the roll to rest for rest for 1 minute. Slice into 6 pieces.

Recipe courtesy of Sunkist and Toronto chef David Lee



These avocado sushi rolls make a great vegetarian and vitamin-C packed hors d'oeuvre. CONTRIBUTED

Comforting crustiness fresh from your own oven

RECIPE

Just a little prep work can turn your kitchen into a bakery

Ricardo Larrivée
For Torstar News Service

Nothing says comfort quite like the smell of freshly baked bread. It's one of my all-time favourite things to eat, especially still warm from the oven with a pat of butter and some homemade jam. Here's a recipe that makes this simple pleasure accessible to any home cook — with five ingredients and a few straightforward steps, it's a lot easier to pull off than you might think.

The key is a little prep work. The next time a craving for a fresh loaf of bread hits, just mix your dough before bedtime. It only takes about 10 minutes. The dough does most of the work for you overnight, rising until morning, which is when you briefly knead it and let it rise a bit more. Then into a preheated Dutch oven it goes.

The result is the perfect crusty and chewy loaf of bread — if there's any left over after breakfast, prepare for the sandwich of a lifetime.

Crusty White Bread

Makes 1 loaf — about 1-2/3 lb (750 g).

Ingredients:

For the bread:

- 3-1/2 cups (525 g) unbleached all-purpose flour
- 1-1/2 tsp salt
- 1/2 tsp instant dry yeast
- 1-3/4 cups (430 mL) cold water



This bread recipe finds the perfect balance between crusty and chewy. COURTESY RICARDO LARRIVÉE

For the coating:

- 1/3 cup (50 g) whole wheat flour

Directions:

1. In a large pot, combine the flour, salt and yeast. Add the water. With a fork, stir until the flour is completely moistened, but not necessarily smooth. Cover and let rise at room temperature for 8 to 12 hours, or overnight.

2. In a large bowl, place the whole wheat flour. Set aside.

3. With your hands, direct-

ly in the pot, fold the risen dough onto itself, about 6 times, or until it is smooth.

4. Transfer the dough into the bowl with the whole wheat flour and turn to coat the entire surface of the dough. Cover and let rise for 45 minutes at room temperature or until it has doubled in volume.

5. With the rack in the middle position, preheat the oven to 450 F/230 C. Place a 12-cup (3-L) Dutch oven or ovenproof pot with its lid in

the oven, and heat for about 30 minutes.

6. Remove the pot's lid. Drop the floured bread dough in the centre of the hot pot. Cover and bake for 30 minutes. Remove the lid and continue baking for 30 minutes.

7. Let the bread cool on a wire rack or in the pot. Remove any excess flour.

This recipe was inspired by the bread recipe created by Jim Lahey and presented by Mark Bittman in the New York Times.

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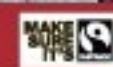
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DAIRY DEBATE

Milk diplomacy bubbling to surface under Trump

Let's call it dairy diplomacy. Milk producers in the U.S. are hoping that their new president's much-heralded deal-making skills can help them get the better of a cross-border trade dispute.

Farmers see Donald Trump's election as an opportunity to crack what they see as Canada's protectionist milk practices and to solve their own problems with oversupply.

At the heart of the current dispute is ultrafiltered milk, an ingredient used to boost protein content in cheese and yogurt. Canada is creating incentives for processors to buy from domestic manufacturers. U.S. producers say that could be a disaster.

Canada "seems to want to have the free flow of goods south, but are protective of anything going north, so it's time to sit down and talk," Kevin Ellis, chief of Cayuga Milk Ingredients in New York told Bloomberg. "My hope is that the Trump administration takes them on."

METRO CANADA

LIQUID ASSETS PETER ROCKWELL



Smooth as a scene in Ocean's Eleven

without the fear of career-killing social media posts. I love a well-made Margarita, with the key being freshly squeezed lime juice and a premium white (not gold) tequila like Casamigos Tequila Blanco (\$59.85-\$69.99).

Co-owned by George Clooney, who with partner Rande (Mr. Cindy Crawford) Gerber approve every batch and literally sign off on the label, Casamigos Blanco

is as smooth as a scene from Ocean's Eleven. That level of balance makes it as shot-worthy as it is mixable.

Prices reflect the range across the country. Some products may not be available in all provinces.



While it may seem like a cruel joke to those of us in the Northern Hemisphere still recovering from the latest round of February snowstorms, today is National Margarita Day. With origin stories aplenty, the common consensus is that the Margarita (a blend of lime juice, orange liqueur and tequila) was first poured at a Mexican cantina in 1941 and named after the customer whose lips it first passed. True or not, the cocktail is now considered everything from a Mexican cliché to the only way to consume tequila

WE'RE BACK!



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for making last year's Community Choice a success. It's time again to start nominating your favourite businesses. We will announce the Top 10 Nominees per category on June 13th. Then we will ask you to vote for the Winners.

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Gossip News DIGEST

CONTROVERSY Yiannopoulos quits Breitbart role

Polarizing right-wing writer Milo Yiannopoulos resigned as an editor at Breitbart News on Tuesday and apologized for comments he had made about sexual relationships between boys and men. Yiannopoulos said that two men, including a priest, had touched him inappropriately when he was between the ages of 13 and 16. "My experiences as a victim led me to believe I could say anything I wanted to on this subject, no matter how outrageous," he said. "But I understand that my usual blend of British sarcasm, provocation and gallows humour might have come across as flippancy, a lack of care for other victims or, worse, advocacy."

RACISM Two charged over Jamie Foxx abuse in Croatia

Croatian police have filed



disorderly conduct charges against two people who allegedly used a racial slur to insult Hollywood actor Jamie Foxx in a restaurant. Police said they acted after receiving reports Sunday of "particularly arrogant and rude" insults made against restaurant guests, including "one of the guests on racial grounds." Foxx was in Dubrovnik, a city on the Adriatic Sea, filming a Robin Hood remake.

TRAVELLING Lohan criticizes airport request

Lindsay Lohan claims she was "racially profiled" while wearing a headscarf at London's Heathrow Airport. The actress told a British talk show that she was stopped while travelling to New York. She said an airport worker "opened my passport and saw 'Lindsay Lohan' and started immediately apologizing, but then said: 'Please take off your headscarf.'" THE ASSOCIATED PRESS



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Comedy's wittiest carnival act

THE SHOW: My Girlfriend's Boyfriend (Netflix)
THE MOMENT: The Scrambler

"Here's what happened with Lisa," says writer/comedian/actor Mike Birbiglia, in this 75-minute standup routine about his travails with love. "I built up the courage to ask her to go to the carnival with me. I thought, 'Maybe this will be like one of those romantic comedy montages.'"

Instead, he eats a ton of junk food and goes on the Scrambler.

"The premise of the Scrambler is simple," Birbiglia says. "You sit on a two-person pod with the person you're in love with, and that pod goes in a circle, which is part of a larger circle, which is part of an even grander circle."

(In a minute he acts this out. It's hilarious.)

He imagines carnival workers asking, "But who will be in charge of this dangerous piece of equipment?" And one guy goes, "I have a nephew who's 16 years old, and smokes pot 24 hours a day." And they're like, "He sounds amazing. We don't



Mike Birbiglia: Thank God For Jokes drops Feb. 28 on Netflix. CONTRIBUTED

even need to interview him."

Naturally, it ends badly for young Mike. But that's good news for us, because Birbiglia is a brilliant storyteller, sweet, wry, riotous. (He's a frequent contributor to radio's This American Life, whose guru, Ira

Glass, is one of his producers.)

For 75 minutes, he spins out one tale that will continue unspooling in your mind long after you watch it. Eventually you'll realize that what felt like digressions — the Scrambler — are metaphors of great

delicacy and wit. His new show Mike Birbiglia: Thank God for Jokes, drops Feb. 28. Can't wait.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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VISION CARE

EYE OPENING RECOMMENDATIONS

Your eyes may be our windows to the world, but since many eye-related conditions aren't noticeable until they're far advanced, the Canadian Association of Optometrists (CAO) recommends regular check-ups at all stages of life.

Adults aged 18 to 64 should have an eye exam every two years.

In addition to vision correction, this can help diagnose a variety of conditions — especially among those over 40, who are at an increased risk of age-related eye conditions.

The CAO says eye exams diagnose cataracts, diabetic retinopathy, glaucoma, macular degeneration and presbyopia. They can also reveal underlying health issues such as Type 2 diabetes, high blood pressure, some vascular diseases, and brain or eye tumours.

The CAO states that one in four children have vision-related learning difficulty. For infants, vision challenges can impact hand-eye co-ordination and depth perception; for older children, vision challenges can have a negative



ISTOCK

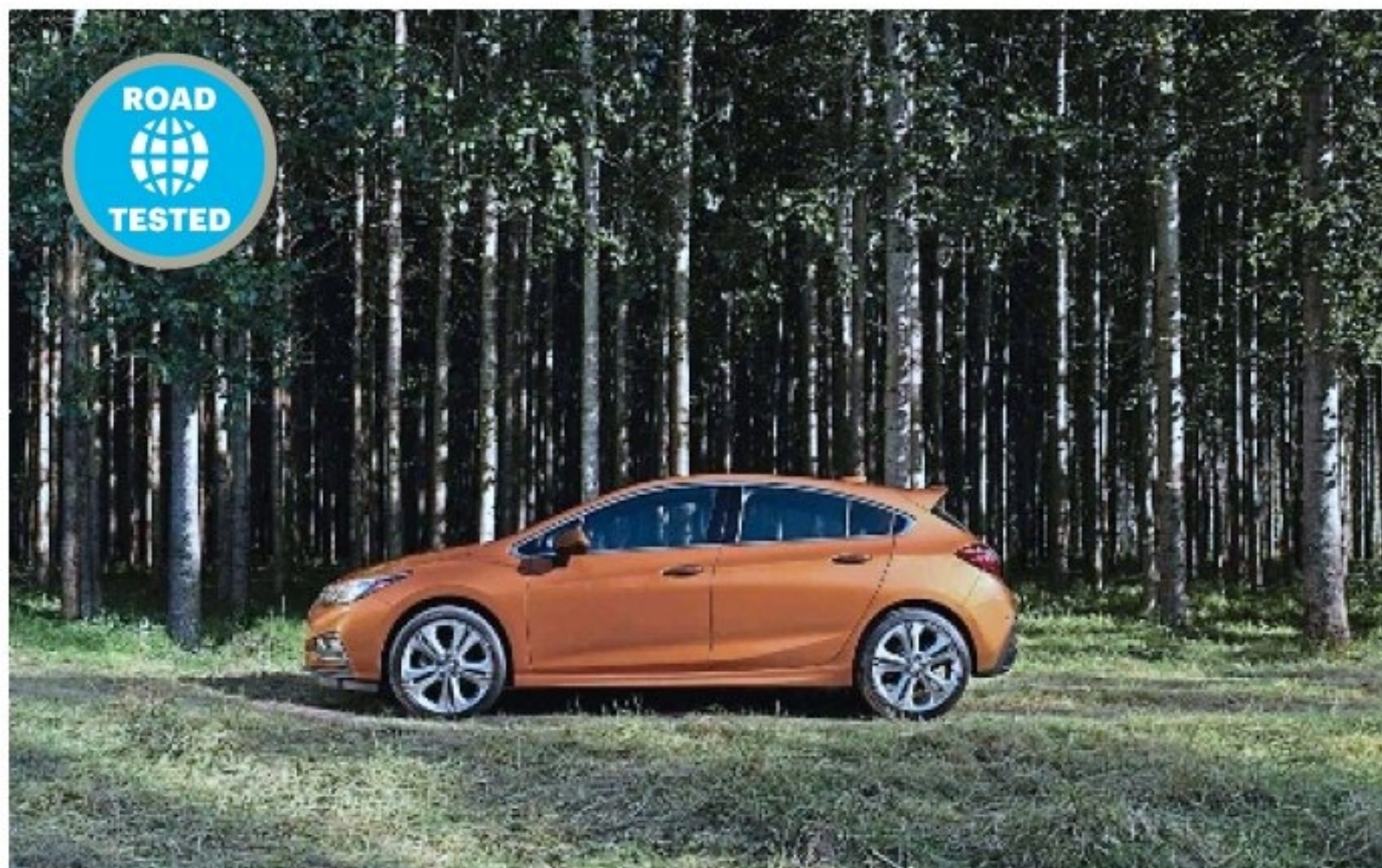
effect on learning and schoolwork.

As a result, the CAO recommends that children have their first eye exam between six and nine months, have one eye exam between the ages of two and five, and that school-aged children have annual eye exams.

"Early comprehensive eye exams are critical to helping children succeed in life and provide the best opportunity to correct vision problems," says Canadian Association of Optometrists president Dr. Barry Thienes, in a press release. "A child's eyes are constantly used in the classroom and at play. Reading, writing, chalkboard work and using computers are among the visual tasks students perform daily."



Big addition to small-car lineup



REVIEW

Chevy Cruze adds to cargo area with intro of hatchback



Craig Cole
AutoGuide.com

The new Chevrolet Cruze is a respectable compact vehicle that delivers what most shoppers in this segment are looking for. It's reasonably priced, extremely efficient and more refined than you might expect.

For these reasons and more, it's become the brand's best-selling car. Globally, more than 3.5 million Cruzes have been sold since it was introduced in 2008.

Further broadening this car's appeal, a hatchback version is being offered. Arguably, this Cruze's biggest allure is its generously portioned cargo area. With the rear seats up, it provides nearly 25 cubic feet of storage space. Fold the backrests down and that number grows to more than 47. Making the trunk even more versatile is its nearly flat load floor.

When it comes to hauling people instead of groceries, its back bench is cushy and large enough to accommodate a couple six-footers, though three adults would probably be cramped.

For now, the only engine offered in this car is a smooth-running 1.4-litre four-cylinder.

Drivers have two different six-speed transmissions to choose from; you can get either a manu-

al or an automatic. The transmission's performance is smooth, never missing a shift.

Velocity can creep up on you while driving this machine; sometimes you don't realize you're speeding since its interior remains so hushed. Like a luxury car, the Cruze confidently subdues wind, tire and engine noise.

Dynamically, the Cruze's worst attribute is its over-boosted steering.

As for the model we evaluated, it included niceties like keyless entry with push-button start and 17-inch aluminum wheels.

Leather seating surfaces spruced this example's interior up nicely. The cabin is almost exclusively constructed of hard plastic, but looks nice thanks to its premium texturing.

The Enhanced Convenience Package brought an auto-dimming rear-view mirror, wireless device charging and more. The Driver Convenience II Package added automatic high beams, lane keep assist and forward collision alert.

Android Auto and Apple CarPlay were also included.

Unfortunately, there are a couple unabashedly chintzy things inside this car, chiefly the control stalks. They feel ready to snap off with the slightest pressure. I'm also no fan of the front seats, which are low and lack lumbar support.

The 2017 Chevrolet Cruze Hatchback is a welcome addition to the brand's small-car lineup. Efficient, spacious and refined, it's a completely rational choice. However, this machine does have one glaring fault: it doesn't know how to have any fun.

THE CHECKLIST | 2017 CHEVROLET CRUZE HATCHBACK

THE BASICS

Engine: 1.4-litre, four-cylinder
Output: 153 horsepower, 177 pound-feet of torque
Transmission: 6-speed automatic
Fuel Economy (L/100 km): 8.1 city, 6.2 highway, 7.3 combined
Price: As-tested \$35,810



LOVE IT

- Smooth performance
- Spacious interior
- Fuel efficiency
- Quietness

LEAVE IT

- Chintzy control stalks
- Boring to drive
- Flat front seats

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\$37,900 SAVE \$3,980

STK# 5169



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\$30,880

\$26,700 SAVE \$4,180

STK# 5167



2015 Infiniti Q50

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\$31,900 SAVE \$3,080

STK# 5129

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CHAMPIONS LEAGUE MAN CITY SURVIVES GOAL FEST
Manchester City celebrate John Stones' goal against Monaco during the first leg of their Round of 16 Champions League tie against Monaco in northwest England. Man City won 5-3. PAUL ELLIS/AFP/GETTY IMAGES

SCOTTIES TOURNAMENT OF HEARTS

Manitoba's Englot shooting for playoffs

Manitoba's Michelle Englot and Ontario's Rachel Homan inched closer to playoff territory at the Canadian women's curling championship Tuesday.

Homan downed Kerry Galusha of Northwest Territories 7-4 and Englot beat Alberta 9-5 to stay undefeated at 6-0.

Manitoba suffered its first loss at night falling 8-7 to defending champion Chelsea Carey of Calgary.

Carey is 5-1 after the win in the night draw.

Homan topped Saskatchewan 7-4 to remain the lone undefeated team at 7-0.

Heather Nedohin skipped Alberta in a pair of games Tuesday because of Shannon Kleibrink's



Michelle Englot
THE CANADIAN PRESS

ailing back. The Albertans finished the day 3-3 after beating Saskatchewan in an extra end in the morning.

Quebec's Eve Belisle got to 5-2 with wins over Newfoundland and Labrador and Nova Scotia.

Galusha lost twice Tuesday to drop to 3-3 alongside Alberta.

THE CANADIAN PRESS



Go to **metronews.ca** for more Scotties coverage

IN BRIEF

Redblacks bring in QB Tate

The Ottawa Redblacks have acquired veteran quarterback Drew Tate from the Calgary Stampeders a 2018 fifth-round draft pick.

The move comes after Calgary signed veteran quarterback Mitchell Gale on Wednesday. THE CANADIAN PRESS

Wieters to join Nats: Source

After waiting and waiting to find a free-agent deal, four-time All-Star catcher Matt Wieters finally found a match with the Washington

Nationals.

Wieters and the Nationals agreed in principle on a \$10.5 million contract for 2017, pending a physical, according to a person familiar with the deal.

THE ASSOCIATED PRESS

Raonic wins in Florida

Canada's Milos Raonic opened with an easy win Tuesday in his first appearance at the Delray Beach Open. Raonic topped U.S. qualifier Tim Smyczek 6-1, 6-4. THE ASSOCIATED PRESS

Leafs get last laugh

NHL

Laine reaches 30 goals, Matthews helps with OT winner

Jake Gardiner scored in overtime Tuesday night as Auston Matthews' Toronto Maple Leafs prevailed 5-4 over Patrik Laine's Winnipeg Jets.

Matthews had three assists in the win and Leo Komarov scored twice for Toronto, which jumped back into control of the final Eastern Conference wild card spot (28-20-11).

Nazem Kadri also scored for the Leafs, William Nylander posted two points with a goal and Frederik Andersen made 16 saves, yielding four goals to the Jets (28-29-6).

Laine scored twice for Winnipeg, becoming the first rookie in franchise history to record 30 goals in a season. Mark Scheifele chipped in with two assists. Nikolaj Ehlers and Bryan Little also scored.

Connor Hellebuyck gave up five goals on 37 shots. The first and second picks of the 2016 draft, Matthews and Laine had top billing for their second NHL matchup and they delivered early (and again later).

Komarov opened the scoring 62 seconds into the first when his shot from just above



Maple Leafs centre Nazem Kadri tangles with Jets defenceman Dustin Byfuglien during the first period of Tuesday night's game in Toronto. CARLOS OSORIO/TORSTAR NEWS SERVICE

TUESDAY At ACC

5	4
LEAFS	JETS

the goal-line in the left corner snuck between the pads of Hellebuyck.

Then it was Laine. After miscommunication between Leafs in the defensive zone, Scheifele gained

control of the puck along the wall and fired it to the weak-side where Laine lay in wait. He took the pass and whistled it almost instantaneously into the back of the net for his 29th goal this year.

Leafs defenceman Nikita Zaitsev lingered close to Laine on the play, but not close enough to prevent the 18-year-old's rapid release.

Scheifele set up a wide-open Laine in the slot for the Finnish winger's second of the

30

Patrik Laine is the first 18-year-old in the NHL to hit the 30-goal mark since Jeff Skinner notched 31 for the Carolina Hurricanes in the 2010-11 season.

game to put the Jets up 4-3 heading into the third.

THE CANADIAN PRESS

CLASS OF 2016

Top teens show poise beyond their years

Teammates were struck by how cool Auston Matthews remained during a 13-game goal drought at one point this season. The Winnipeg Jets saw something similar in Patrik Laine when things went sideways.

The forever-linked first two picks of the 2016 draft appear

to be handling their historic rookie seasons in similar fashion. It's not just the impressive results the teenage sensations of the Toronto Maple Leafs and Winnipeg Jets have managed already, but the confidence and coolness with which they've performed under immense pressure.

"If a shift doesn't go well he's going to be upset for 20, 30 seconds, he might say a few choice words and then he's right back out there and he's probably going to ring one off the



Patrik Laine, left, and Auston Matthews
GETTY IMAGES

cross-bar the next shift," Jets centre Adam Lowry said of the 18-year-old Laine. "I think it's that mentality that he knows he can be good and believes in himself."

Leaf players credit that same strong self-belief for Matthews consistent performance. The 19-year-old has produced at nearly point per-game pace and has yet to go more than three games without a goal since snapping out of that 13-game dry spell in late November.

"I think it's just part of his

personality," veteran Leafs defenceman Matt Hunwick said, crediting Matthews for his composure in front of the highly-populated Toronto media contingent. "He seems like a very serious person when he's around the rink."

THE CANADIAN PRESS

Tall, lanky, good hands. My dad thinks he looks a lot like Mario Lemieux.

Jets forward Mathieu Perrault on Patrik Laine

He's been one of our best players game in, game out, if not our best player.

Leafs forward James van Riemsdyk on Auston Matthews

MAKE IT TONIGHT

Restaurant-worthy Nicoise Pasta



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

This pasta may look like a restaurant-worthy main, but really it's a pantry friendly mid-week life saver.

Ready in 25 minutes

Prep time: 5 minutes
Cook time: 20 minutes
Serves 4

Ingredients

- 500 grams spaghetti
- 3 Tbsps olive oil
- 3 cloves garlic, crushed
- 1/2 cup black olives, pitted and roughly chopped
- 1 pint cherry tomatoes, roughly chopped
- 1/4 cup capers
- 2 x 5 oz tin of tuna, drained
- 3 or 4 leaves of fresh basil, torn into pieces
- 1/2 cup Parmesan, grated

Directions

1. Put a pot of well-salted water on to boil. Cook pasta according to package instructions. Just before you drain, remove 1 cup of cooking liquid and set aside.

2. In another large pot, warm up olive oil over medium heat. Toss in garlic, tomatoes, olives and capers. Stir and let the garlic cook for a couple of minutes. Add tuna and break it up a bit.

3. Add the cooked pasta and toss together until the pasta is well-coated and the rest of the ingredients are spread throughout. Pour in your cooking liquid bit by bit until the pasta loosens up.

4. Serve with a topping of grated Parmesan and fresh basil.

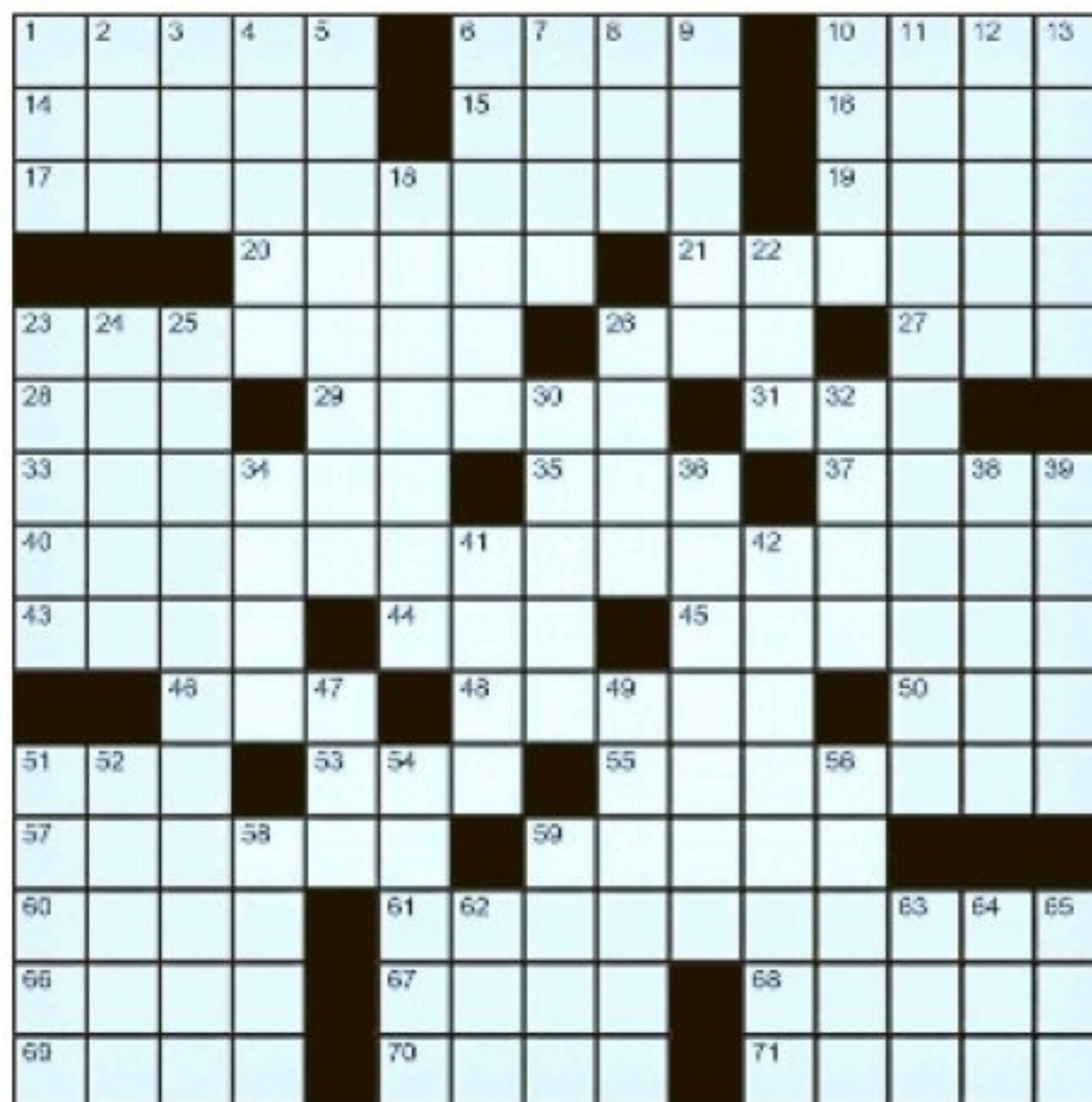
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- 13th-century Russia invader
- Clement Clarke Moore opener
- Uppity utterances
- Jeanne __ Governor General of Canada from 1984 to 1990
- Sound off on the highway
- Louisiana, par exemple
- Mille-feuille seller in Montreal
- Boxing injury site
- Shoes: __ marks
- Menu's main course
- Rendering of an event
- __-Julie, Quebec
- Sovereign, e.g.
- Pussycat Dolls hit: "Don't __"
- "My guess would be...": 2 wds.
- Beak: French
- __ wool
- __-advised (Imprudent)
- Scottish body of water
- Ontario: York Region town about half an hour north of Toronto: 2 wds.
- __ and Span (Cleanser)
- Dropped maiden name precursor
- Bakery tin: 2 wds.
- Moses' portrayer's initials-sharers
- __ and drabs
- Metallica song
- N. or S. American state
- Vienna's wee



country

- Chuck Berry song lady, and namesakes
- Restaurant tab increases: 2 wds.
- US Ambassador to Canada in recent rumoured news, Sarah __

- Toronto-born actor Mr. Young
- Alex Trebek, for one, in the world of game shows
- Light fog
- __-date
- Go away
- Tepid
- Canyon lingerer

71. Guitar attachment

DOWN

- Cooking meas.
- U.S. motorists org.
- Celebrated tomb king
- Dispatch boat
- Firefighter's forte
- Crook's crimes

- 'Star Trek' universe Klingon
- Ms. DiFranco
- Clay pigeon shooting
- Camper's shelter
- Clipped groceries savings item: 2 wds.
- Radio legend Casey
- Intensely in-

- clined
- "You better take care" in this Gordon Lightfoot tune
- Beak
- High points
- Garish
- Road trip woe: 2 wds.
- Li'l word segment
- One feeling ill
- River for Hamburg
- Longing
- Winter dryness relief in one's pocket or purse: 2 wds.
- "Hogan's Heroes" star Bob
- Toronto-born actor Tyler
- Roadside mil. hazards
- Phones the wrong number
- Devalize
- Where to see pandas and penguins: 3 wds.
- Apothecary weights
- Sound
- Canada's motto, 'A Mari __ ad Mare'
- Map detail
- To, archaically
- Central part
- Checkout scanner's target [acronym]
- Jack __ (Sailor)
- Sister of Zsa Zsa
- Sales pro

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today you have a powerful urge to make creative changes in your immediate environment. This includes your body and your health. You want a superior result with everything that you do. Bravo!

Taurus April 21 - May 21
You will work hard behind the scenes to improve things for yourself today. These improvements will be in every level of your life, especially financial.

Gemini May 22 - June 21
You have the ability to encourage groups to work to achieve something better today. It might involve tearing down something in order to rebuild.

Cancer June 22 - July 23
Your ambition is fiercely aroused today, which is why you will accept no interference from anyone. You are on a mission, and you intend to achieve your goal.

Leo July 24 - Aug. 23
Conflict with others about politics, religion or racial issues will be intense today. Avoid this if you can, because these differences will become nasty.

Virgo Aug. 24 - Sept. 23
Disputes about shared property and inheritances might come to a head today. People will not listen to each other. You have to be prepared to compromise.

Libra Sept. 24 - Oct. 23
Your dealings with partners and close friends will be challenged today. Someone wants to do things his or her own way, and he or she will not listen to you. Maybe you can just tread water and not lose any ground?

Scorpio Oct. 24 - Nov. 22
You will work relentlessly to achieve your aims today. You also will try to make others work just as hard alongside you.

Sagittarius Nov. 23 - Dec. 21
Those of you involved in sports will be fiercely competitive today. Parents and teachers also will have strong expectations for their kids. (Easy does it.)

Capricorn Dec. 22 - Jan. 20
You can make big changes for the better at home today, especially in areas related to bathrooms, plumbing, laundry, garbage and recycling. Act on this strong energy.

Aquarius Jan. 21 - Feb. 19
You are highly persuasive today. If you are in sales, marketing, teaching, acting or writing, you definitely will score!

Pisces Feb. 20 - March 20
You're willing to work hard to make money today because it's important to you. But you might work just as hard to improve or change something you own. Today, everything matters.

CONCEPTIS SUDOKU by Dave Green

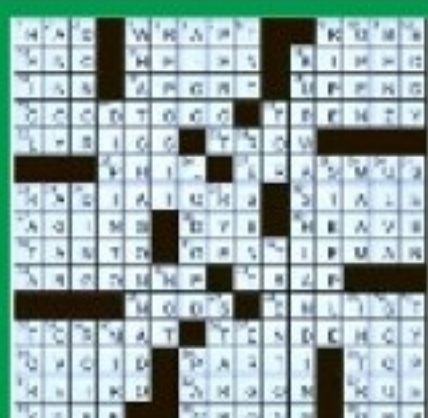
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